

# Central Time

May 8, 2022

American Mid-West

They say, *a picture is worth a thousand words*. If that is true, a video clip is worth ten thousand.

I was looking for the right words to describe my first impression of the American Mid-West, but I am going to let Pokey LaFarge do it for me. Click on the link below for five minutes of a *plain old midwestern boy, gettin' by on ...*

... [Central Time](#)



<https://youtu.be/GMNMyNjwZ60>

*The Missouri is my right arm, the Ohio is my left  
And I'm livin' on the Mississippi River where I like life the best  
I don't mind the west coast, I sure don't mind that east coast  
No, baby, but I ain't gonna live on no coast*

Pokey LaFarge – *Central Time*

*The Missouri River, on the right-arm  
side of South Sioux City, Nebraska*

